

GWAS and post-GWAS analysis

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Genetic basis of human diseases

- Single major genes influencing rare Mendelian disorders
- Multiple genes (polygenetic) influencing common complex traits
	- Omnigenic model: a genetic architecture of regulatory networks composed of a small number of core genes that directly affect a trait but with a large number of genes outside the core that indirectly affect the trait.

Linkage disequilibrium (LD)

Definition

If we consider 2 genetically linked variants, each having 2 alleles, we expect to observe 4 pairwise combinations of these alleles, or haplotypes. If the alleles were independent or at linkage equilibrium, their frequencies should be the product of each allele frequency in the population. Likewise, for n biallelic variants, we expect to see 2ⁿ haplotypes in the population. In fact, this random association of alleles is rarely observed, especially if the variants are physically close. We rather observe preferential allelic associations (ie, haplotype frequencies deviate from those expected at linkage equilibrium). The difference D between the observed and expected frequencies of a haplotype defines the LD of the 2 alleles on this haplotype. If 2 alleles are found together more often than expected, they are positively associated and their LD is positive. Conversely, the alternative combinations of alleles are less frequent than expected with the same absolute LD value but negative.

There are different measures of LD. The most intuitive one for biallelic variants is their correlation estimated by their coefficient of determination r^2 ranging between 0 and 1. The LD is "complete" when at least 1 haplotype is missing and the most extreme case of LD said "perfect" is when only 2 of the 4 haplotypes are observed, with an r² of 1. In the latter case, both variants are redundant such that the genotype at the second variant can be imputed from the genotype at the first variant for any individual in the population. This has major consequences for genetic association studies (see main text).

Forces shaping the LD are intimately connected to the history of the population: LD depends on when the variants appeared in the population and how they evolved across the subsequent generations (see below):

1. Mutations/variations

Initially, when mutation creates a new allele at a locus near an established variant, there are only 3 haplotypes and therefore the LD is complete.

2. Meiotic recombination

Following mutation, the major force shaping the LD is meiotic recombination that creates the fourth haplotypes and therefore dissipates the LD. The higher the number of generations since the mutation has appeared and the higher the recombination rate between 2 loci, the lower the LD between their alleles. Thus distant loci are generally in lower LD. However, the recombination activity is not homogeneous along the genome: at a small scale, hot-spots of recombination shape islands of LD or haplotype blocks where a smaller number of haplotypes than expected are observed in the population. Their average size is ~20 kb and varies between populations. However, it is important to remind that 2 variants in the same haplotype block are not always in LD and that, conversely, 2 variants may be in LD without being in the same haplotype block.

3. Demographic and evolutionary forces

By influencing variant allele frequencies, these forces also strongly impact the LD. For example, in a growing population, the LD decreases by increasing the number of recombinations. On the contrary, the genetic drift can fix some alleles, and thus the corresponding haplotypes, leading to new LD patterns. Migrations and population admixture also modify allele frequencies and LD. In population genetics, the time of a migration can be deduced from the LD decay. Recent positive selection can be detected with a higher LD around the selected variants. Epistatic interactions may also be selected and keep alleles in LD even if they are distant. This explains why LD depends on the considered haplotypes with different patterns for multi-allelic variants. For example, in the highly polymorphic human Major Histocompatibility Complex (MHC), LD may extend over long distances for some specific ancestral haplotypes. Finally, as allele frequencies vary substantially worldwide, both the extent and strength of LD also differ among populations.

The genotypes of genetic variants are physically close together are not independent as they tend to be in linkage disequilibrium.

Study design

b Functional characterization

Chromatin immunoprecipitation

conformation capture

d GWAS variants

Overview of GWAS

- Genome-wide association studies
- Post-GWAS analysis will be discussed detailly.

Data collection

- Population-based GWAS
	- Cohort study
	- Case-control study: bias in control group
- Family-based GWAS
- Isolated population
- Biobank
- Population stratification & confounding

Table 2 | Biobanks and large population-based studies with genetic and phenotype data available for research

Genotyping

- Genotyping
	- Microarrays: includes common variants (tag SNPs)
	- Next-generation sequencing: also includes rare variants
		- Whole-genome sequencing (WGS)
		- Whole-exome sequencing (WES)
- Common and rare variants
	- Common Disease, Common Variant (CDCV): Cumulative effect of many common, low penetrance variants
	- Common Disease, Rare Variant (CDRV): Different single, rare, high penetrance variants

• GWAS using SNP arrays versus wholegenome sequencing (WGS)

Quality control

- Filtering of bad SNPs
	- Hardy-Weinberg equilibrium
	- Genotype call rate
	- Minor allele frequency: removing monomorphic variants
- Filtering of bad individuals
	- Sex check: ensure that phenotypes are well matched with genetic data (comparing self-reported sex versus sex based on X and Y chromosomes)
	- Genotype call rate
	- Sample call rate
	- Heterozygosity and relatedness checks

Imputation

- Using individual-level data: leverage LD information from a population reference panel.
	- Statistically **phase** individual genotypes (estimating whether genotyped alleles derive from the maternal or paternal allele)
	- Decide whether to use hard calls or weight for uncertainty
	- Select an appropriate **reference population panel**
	- Convert reference panel and target population into the same genomic build
	- Check strand issues, resolve issues between different platforms, possibly remove ambiguous SNPs
	- Check for unusual minor allele frequencies and patterns of linkage disequilibrium between reference panel and target data

Reference population panel

• Commonly used population reference panels

Table 1 | Commonly used population reference panels

1000G, 1000 Genomes; HRC, Haplotype Reference Consortium; indels, insertions or deletions; TOPMed, Trans-Omics for Precision Medicine. *Figures are based on the latest status of the reference panel.

Association testing (Case-control)

- Allele counting to test for association
	- Fisher's exact test
	- Pearson's χ^2 test Odds ratio
	- Fisher's Exact Test
	- Continuous response: Armitage's trend test, ANOVA, t-test, etc.
- Models
	- Allele: G vs T
	- Dominance: GG+GT vs TT
	- Recessive: GG vs GT+TT
	- Additive or co-dominant model: GG vs GT vs TT

• Genotype frequencies

• Allele frequencies

Expected allele counts

G

 $2R(2n_0+n_1)/(2N)$ $2R(n_1+2n_2)/(2N)$ $2S(2n_0+n_1)/(2N)$ $2S(n_1+2n_2)/(2N)$

generalized linear model (GLM)

Association testing

- Regression models
	- Linear or logistic regression models depends on the phenotype (continuous or binary)
	- **Covariates** are included to account for stratification and avoid confounding effects
		- Control of population stratification: Genomic principal components (PCs) as covariates
	- Including an additional **random effect term** (individual specific) to account for **genetic relatedness** among individuals

$$
g(\mu) = \sum_{j} \beta_j X_j + uG + \sum_{k} \gamma_k PC_k
$$

linear mixed model (LMM)

$$
Y = \sum_j jX_j + uG + \sum_k v_k Z_k + \varepsilon,
$$

$$
\boldsymbol{Y} \sim \boldsymbol{W}\boldsymbol{\alpha} + \boldsymbol{X}_s\boldsymbol{\beta}_s + g + e
$$

$$
g \sim N(0, \sigma_{\rm A}^2 \bm{\psi})
$$

$$
e \sim N(0, \sigma_e^2 \boldsymbol{I})
$$

- Let Y_i be the phenotype for individual i
	- $Y_i = 0$ for controls
	- $Y_i = 1$ for cases
- Let X_i be the genotype of individual *i* at a particular SNP
	- ТT $X_i = 0$ GT $X_i = 1$ GG $X_i = 2$

Association testing

- Other methods:
	- Gene-based association analysis, especially for rare variants
		- regressing the disease status or trait value on the principal components of the SNP genotypes
		- Kernel-based methods such as SKAT
		- use summary statistics from individual SNPs (marginal *p*-values without individual genotype data) to derive gene-based tests: VEGAS and GATES
	- Pathway-based (gene set) analysis
	- Topology-based analysis: MAGMA
	- Incorporating single-nucleotide polymorphism annotations
	- Joint GWAS analysis from multiple traits
	- SNP-SNP and SNP-environment interactions

Association testing: accounting for false discovery

- A stringent multiple-testing threshold
	- There are millions of associations to be tested
	- Bonferroni testing threshold of $p < 5 \times 10^{-8}$
	- Depends on population size and minor allele frequency
- Winner's curse
	- The effect sizes of newly discovered alleles tend to be overestimated
- Comparing effect sizes between discovery and independent replication cohorts.

Association testing: GWAS summary statistics **Effect size at SNP.**

- The results of association testing: GWAS summary statistics
	- Effect sizes
	- Standard errors
	- Linage disequilibrium (LD) matrix

Association testing: visualizing

- Manhattan plots
- Quantile-quantile plots

Imputation of summary statistics

• Imputation using summary statistics and LD information from a population reference panel

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$Box 1$ Conditional association and imputation from summary statistics

Let X be an $N \times M$ matrix of genotypes, standardized to mean 0 and unit variance, and Y be an $N \times 1$ vector of standardized trait values, where M is the number of single nucleotide polymorphisms at the locus and N is the number of samples. Under a standard linear model, $Y = X\beta + \epsilon$. Let V be an $M \times M$ linkage disequilibrium (LD) matrix of pairwise LD; V is equal to X^TX if individual-level data are available but can otherwise be estimated from a population reference sample (with or without reqularization).

Conditional association using LD reference data

We estimate the joint effects of all SNPs using least-squares as $\hat{\beta} = V^{-1}X^{T}Y$ with var $(\hat{\beta}) = \sigma_1^2 V^{-1}$, where σ_1^2 is the residual variance in the joint analysis. However, in a standard genome-wide association study, each SNP is marginally tested one at a time, which can be expressed in matrix form as $\hat{\beta}_M = D^{-1}X^T Y$ with var $(\hat{\beta}_M) = \sigma_M^2 D^{-1}$, where D is the (nearly constant) diagonal matrix of V and σ_M^2 is the residual variance in the marginal analysis. It follows that

$$
\hat{\beta} = V^{-1} D \hat{\beta}
$$

var $(\hat{\beta}) = \sigma_i^2 V^{-1}$

Summary statistic imputation using LD reference data Let

$$
Z = \frac{\hat{\beta}_M}{s.e.(\hat{\beta}_M)} = \frac{X^{\mathsf{T}}Y}{\sqrt{(N)}}
$$

be a vector of z-scores (estimated effect sizes divided by their standard errors) obtained by marginally testing each SNP one at a time. Under the null hypothesis of no association, Z~N(0, V). Let Z, and Z, partition the vector Z into T typed SNPs and $M-T$ untyped SNPs, and let V,, (covariances among typed SNPs), V_{ii} (covariances among untyped SNPs), and V., (covariances among typed and untyped SNPs) partition the matrix accordingly. It follows that $Z_i | Z_i \sim N(V_i, V_i^{\text{-}1} Z_i, V_i - V_i, V_i^{\text{-}1} V_i^{\text{T}})$. The mean and variance of the conditional distribution can be used to impute summary association statistics at untyped SNPs.

Resources of GWAS summary statistics

Table 3 | Databases of GWAS summary statistics

For a comprehensive list of genetic data resources, see REF.¹³. GWAS, genome-wide association studies; SNP, single-nucleotide polymorphism.

• Databases

Resources of GWAS summary statistics

• GWAS summary statistics for various traits

Table 1 | Publicly available summary association statistics*

Resources of GWAS summary statistics

• GWAS summary statistics for various traits

*We provide a selected list of publicly available summary statistics from genome-wide association studies with sample sizes of at least 20,000. A more complete list can be found in REF. 137. *Includes specialty genotyping array data; not suitable for analysis using linkage disequilibrium score regression and its extensions.

Meta-analysis & Mega-analysis

- Combining data from different studies
	- Summary association statistics: meta-analysis
	- Individual-level data: mega-analysis
- Fixed effects meta-analysis
	- Assuming that true effect size are the same across studies
- Random effects meta-analysis
	- Assuming that true effect size may differ across studies
- Subset-based meta-analysis
	- Evaluating all possible combinations of non-null models for association, selecting the strongest association and adjusting for the multiple comparisons.

Post-GWAS analysis

- Fine-mapping
- Functional inference
	- Determining the affected gene
	- Determining regulatory pathways and cellular effects
- Polygenicity analysis of complex traits
	- Polygenic risk prediction
	- Understanding trait genetic architecture
- Cross-trait analysis

- To identify the causal variant(s) that is driving a GWAS association signal
	- Many non-causal variants are significantly associated with a trait of interest owing to linkage disequilibrium.
	- The most significant association may be non-causal.
- SNP to gene mapping
	- Find credible variants that modulate the expression patterns and functions of causal genes.
- SNP to biology mapping
	- Find credible variants that contribute to the development of the target phenotype.

- Using posterior probabilities
	- Prioritize the variants based on the strength of marginal association statistics
	- Conditional association analysis
- Conditional association analysis
	- The association between a SNP and a trait is evaluated after conditioning on the top SNP at a locus (including the lead variant as a covariate in genotypephenotype regression model)
	- Stepwise conditional analysis: forward stepwise selection
	- Using individual-level data or only using summary statistics with LD information from population reference panel

- Fine-mapping strategies
	- Heuristic fine-mapping approaches
		- Filter SNPs according to pairwise correlation (r^2) with the lead SNP
		- Pairwise LD among SNPs within haplotypes
	- Penalized regression models
	- Bayesian methods
		- Posterior inclusion probability (PIP)
			- The sum of the posteriors over all models that include SNP j as causal
		- Credible sets

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Bayesian fine-mapping

- The effect size of the causal SNP on a trait (multiple regression R^2)
- The sample size (N)
- Assume one causal SNP and m non causal SNPs
- All SNPs are equally correlated with correlation ρ
- The posterior probability for a causal SNP can be expressed as $post_c =$ pr_c $\frac{1}{p r_c} + \sum_{i=1}^{m} \sum_{i \neq c}^{m} p r_i \cdot \exp\{-(1-\rho) N R^2/(1-R^2)\}$

Bayesian fine-mapping procedure

Service State

MCMC, Markov chain Monte Carlo; PIP, posterior inclusion probability. "Trait types are binary, single binary trait; mqt, multiple quantitative traits; multinomial, trait with more than two categories; and qt, single quantitative trait. "For software that does not allow covariates to be input, the traits can be adjusted for covariates by first regressing out the covariates (that is, subtracting trait predicted by covariates from trait values). "A fixed number is specified by the user to reduce computational cost. It is usually small (for example, three) when the number of candidate variants is large. When computed, the number of causal variants is determined by the software. As indicated, some software allow different options for whether the maximum number of causal variants is fixed by the user or computed by the software. "Application to binary traits is based on linear regression, an approximation assuming small effect sizes and large sample sizes.

- Integrating functional annotation data
	- Jointly estimate functional enrichment and update posterior probabilities of causality using functional annotations.
	- Help to understand polygenic architectures by identifying tissue-specific functional annotations.
	- Protein-coding & non-protein-coding annotations
	- Gene expressions
- Trans-ethic fine-mapping
	- Meta-analysis

Functional inference

- To identify
	- The immediate effects of causal variants (on protein or enhancer function)
	- The affected gene or genes in the locus that mediate the disease association
	- The downstream network or pathway effects that lead to changes in cellular and physiological function
	- The relevant tissue, cell type and cell state for all these effects

Functional analysis

• Determine the affected gene

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- expression quantitative trait loci (eQTLs)
- molecular quantitative trait loci (molQTLs) analysis

molQTL

• The idea of expression phenotypes (eQTL) can be extended to noncoding genes, to posttranscriptional RNA modifications and to the post-translational level, introducing the general concept of molecular QTLs

molQTL

- *cis-*acting
	- the regulation of genes within 1 Mb
- *trans*-acting
	- molQTLs affecting genes further away or on different chromosomes

(B) Trans molQTL

Horizontal

Different causal variants

Trends in Molecular Medicine

molQTL

- The most credible GWAS variants are prioritized by statistical methods of colocalization with molQTLs.
- Differential molecular traits are filtered by the presence of molQTLs regulating them.
- Modulation of a Mendelian trait by a molQTL.

 F old

Case-control associatio

 $A^* A$

TWAS

- Transcriptome-wide association studies
	- Transcriptome reference data are used to build a linear predictor for gene expression, typically using SNPs from 1 Mb local region around the gene with regularized effect sizes.
	- The predictor is applied to summary genome-wide association z-scores, and gene-trait association z-scores are computed, testing the null model of no association between a gene and a trait.

PheWAS

• phenome-wide association studies

Polygenic risk prediction

- Polygenic risk scores (PRS): weighted sum scores of risk alleles
	- a) Obtain GWAS summary statistics of each SNP: pruning & thresholding
	- b) Individuals' genotype data are referenced against GWAS summary statistics
	- c) Sum up the effect sizes of all alleles for each individual
	- d) Linear regression on PRS to measure the effect of PRS on the outcome

 $H_0: Phenotype \sim covariates + e$

 $H_1: Phenotype \sim PRS + covariates + e$

(3) Polygenic risk score

Polygenic risk prediction

- Fit effect sizes of all markers simultaneously using best linear unbiased prediction (BLUP) methods
- Assume infinitesimal (Gaussian) architectures in which all markers are causal
- Require individual-level training data
- Restrict markers to those below a *p*value threshold or estimate posterior mean causal effect sizes under a point-normal prior

Box 3 | Polygenic risk prediction using summary versus individual-level data

Suppose that polygenic risk prediction for a quantitative trait is conducted using a training cohort with N unrelated samples, using M unlinked markers with single nucleotide polymorphism (SNP) heritability⁷ equal to h_a^2 . We initially consider two polygenic risk prediction methods that assume infinitesimal (Gaussian) architectures: polygenic risk scores computed using marginal effects at all markers with no P value thresholding (PRS, n), and fitting effect sizes of all markers simultaneously via best linear unbiased prediction (BLUP). We note that PRS unrequires only summary statistics from the training cohort, whereas BLUP requires individual-level data. Prediction accuracy (coefficient of determination; R²) for each method is given by^{83,117}

These equations can naturally be extended to linked markers (using the effective number of unlinked markers¹⁰⁸) and case-control traits (using observed-scale SNP heritability¹¹⁸). The relative advantage of BLUP over PRS_{all} is small when prediction R^2 is small in absolute terms, but grows larger when prediction R^2 is larger. This effect is illustrated in the figure, which shows prediction $R²$ at various training sample sizes based on $M = 60,000$ unlinked markers and a SNP heritability of h_a^2 = 0.5. These results generalize to non-infinitesimal extensions of polygenic risk scores^{75,77} and BLUP^{81,82}; in the latter case, the noise reduction from fitting all markers simultaneously remains equal to $1 - R^2$, corresponding to an increase in training sample size of $1/(1 - R^2)$.

Inferring polygenic architectures

- Polygenic architectures of complex traits
	- A large number of causal variants with small effects
- Determining the genetic architecture of a trait involves
	- The number of causal variants
	- Their corresponding effect sizes
	- Allele frequencies
	- Heritability: the proportion of variation in the trait that can be explained by genetic variation in the population
		- Broad-sense heritability (H^2): the fraction of phenotypic variation explained by both additive and dominance effects
		- Narrow-sense heritability (h^2) : the fraction of phenotypic variation explained by additive effects only

Inferring polygenic architectures: heritability

- missing heritability: the observation that association signals from early GWAS results often only explain a small proportion of overall heritability
- residual maximum likelihood (REML) estimator
- chip-based heritability: it does not account for variants that cannot be captured by the SNPs on the genotyping platform; it is likely misspecified since it is unlikely that all the SNPs will contribute to the observed trait

$$
Y = X\beta + \varepsilon,
$$

\n
$$
\beta \sim N\left(0, \frac{b^2}{m}I\right),
$$

\n
$$
\varepsilon \sim N(0, (1 - b^2)I),
$$

Y are the standardized trait values, X is the standardized genotype matrix, β are the genetic effects, h^2 is the overall heritability, and m is the number of SNPs.

Inferring polygenic architectures: heritability

- LD score regression
	- Regressing χ^2 statistics ($\left(\frac{\beta}{c} \right)$ SĘ 2) against linkage disequilibrium (LD) scores for each SNP.
	- LD scores are computed as sums of squared correlation of each SNP with all SNPs including itself. (parameters: window size, r^2 cutoff, excluded singletons (MAF))
	- Can distinguish between polygenicity and confounding.
	- Extension:
		- Stratified LD score regression
		- cross-trait LD score regression

$$
E[\chi^2 | \ell_j] = N h^2 \ell_j / M + N a + 1 \qquad l_j = \sum_{k=1}^m r_{jk}^2.
$$

- N: sample size
- l_j : the LD Score of variant j
- M: the number of SNPs
- h^2/M . the average heritability explained per SNP
- a: the contribution of confounding biases

Cross-trait analysis

- Correlation
	- Genetic correlation / cross-phenotype (CP) associations
	- The distinguish between a CP association and (biological) pleiotropy is important to define.
- Causality
	- Mendelian randomization

Genetic correlations between traits

• cross-trait LD score regression

 $Y_1 = X\beta + \varepsilon$, $\beta \sim N\left(0, \frac{b_1^2}{m}I\right)$, $\varepsilon \sim N\left(0, \left(1 - b_1^2\right)I\right)$, $Y_2 = Z\gamma + \delta, \quad \gamma \sim N\left(0, \frac{b_2^2}{m}I\right), \quad \delta \sim N\left(0, \left(1 - b_2^2\right)I\right),$

$$
E(\beta \gamma^T) = \frac{\rho_{\rm g}}{m} I,
$$

ρ^g is the genetic covariance between traits *Y*1 and *Y*²

$$
E\Big((z_1)_j(z_2)_j\Big)=\frac{\sqrt{n_1n_2}\rho_{\rm g}}{m}l_j,
$$

no shared samples between the two GWAS

$$
corr = \frac{\rho_g}{b_1 b_2}.
$$

genetic correlation

Pleiotropy

- Horizontal pleiotropy / Biological pleiotropy
	- A genetic variant or gene that has a direct biological influence on more than one phenotypic trait.
- Vertical pleiotropy / Mediated pleiotropy
	- One phenotype is itself causally related to a second phenotype so that a variant associated with the first phenotype is indirectly associated with the second.
- Spurious pleiotropy / LD-induced pleiotropy
	- Two different variants that are in linkage disequilibrium each influence one of two traits.

- A CP association can be observed at different levels
- Biological pleiotropy

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- Allelic level: a single causal variant is related to multiple phenotypes
- Gene or region level: multiple variants in the same gene or region are associated with different phenotypes

- Spurious pleiotropy
	- Defects in studies
		- Ascertainment bias
		- Phenotypic misclassification
		- Shared controls
		- Population stratification
		- Batch effects
	- Linkage disequilibrium

Nature Reviews | Genetics

Biological meanings of pleiotropy

- At its essence, pleiotropy implies a mapping from one thing at the genetic level to multiple things at a phenotypic level.
- Molecular gene pleiotropy
	- The question is about the number of functions a **molecular gene** has.
	- These functions can be defined not only **genetically**, but also **biochemically**.
- Developmental pleiotropy
	- **Mutations** rather than molecular genes are the relevant units.
- Selectional pleiotropy
	- The question is about the number of separate components of fitness a mutation affects.
	- A key feature of selectional pleiotropy is that traits are defined by the action of selection and not by the intrinsic attributes of the organism.

Biological meanings of pleiotropy

- When considering the relevance of data to each of these classes of pleiotropy, four issues are critical.
	- Are we discussing the genotypephenotype map or the genotypefitness map?
	- Are we discussing a molecular gene or a mutation?
	- How are we enumerating traits?
	- What do we mean when we say that a gene or mutation "affects" multiple traits?

Detecting CP associations

- Univariate approaches
	- Combine the associations across various phenotypes
- Multivariate approaches
	- Jointly analyze more than one phenotype in a unified framework and test for the association of multiple phenotypes with a genetic variant.
	- Multivariate regression framework: generalized estimating equations (GEE), log-linear model, ordinal regression
	- Bayesian framework
	- Dimension reduction: principal components analysis, canonical correlation analysis

Detecting CP associations

Table 2 | Univariate approaches for detecting CP associations

• Univariate approaches

CP, cross-phenotype; CPMA, cross-phenotype meta-analysis; PRIMe, Pleiotropy Regional Identification Method; TATES, Trait-based Association Test that uses Extended Simes. *Can accommodate values missing completely at random. *Can accommodate values missing completely at random and blockwise missingness. ⁵Can combine across multiple studies if all subjects have non-missing values for all phenotypes; TATES can accommodate situations in which a subset of studies have missing values for a subset of the phenotypes. "References are given for meta-analytical methods typically used in genome-wide association studies.

Distinguish CP effects

- Fine mapping
	- to distinguish biological and spurious pleiotropy
- Identifying mediated pleiotropy
	- The association between the variant and the first phenotype can be tested by adjusting or stratifying the first phenotype.
	- May be biased at the presence of confounding factors.
	- Mendelian randomization

Mendelian randomization

• The assumptions of MR

- Relevance
- Ignorability / Exchangability / Exogeneity
- Exclusion restriction
- Challenges
	- Weak IV: polygenicity
	- Invalid IV: pleiotropy
		- Vertical pleiotropy: causality
		- Horizon pleiotropy: directional (unbalanced) or indirectional (balanced) confounding

 (βxy)

a

b

• Spurious pleiotropy

Ignorability / Exchangability

• Ignorability means that the potential outcomes are independent with the treatment assignments (observed exposures).

$Y(a) \perp A$ for all a

- Exchangability means that the expected outcome in the non-treated group would have been the same as the outcome in the treated group if they had received the treatment.
- Conditional ignorability / exchangability:

 $Y(a) \perp A \mid X$ for all a

• It is satisfied by randomization (in RCT), matching or exogeneity.

Mendelian randomization with summary statistics

- IVW-based methods
	- A weighted linear regression of **SNP effects on the outcome** on **SNP effects on the risk factor**
- MR Egger
	- An intercept term to deal with directional horizonal pleiotrop
	- **InSIDE assumption**: pleiotropy effects are independent of the effects on the exposure.

Mendelian randomization with summary statistics

- Median-based methods
	- Calculate the ratio causal estimate for each instrument and then take the median
	- Assume that at least 50% IVs or IVs representing at least 50% weights are valid
- Mode-based methods
	- **ZEMPA assumption**: the largest subset of instruments with the same ratio estimate comprises the valid instruments

estimators (a subset of genetic variants are valid instruments)

Summary

Process of GWAS

- Data collection
- Genotyping
- Quality control
- Imputation
- Association testing
- Visualization

Post-GWAS analysis

- Fine-mapping
- Functional analysis
- Risk prediction
- Determining polygenetic architecture
- Cross-trait analysis & causal inference

Prospect

- Extending the phenotypes studied in GWAS
	- Large prospective cohort studies with longitudinally measured clinical, demographic, lifestyle and environmental exposure data are needed
	- Electronic health data, behavioral health-tracking data, genetic data
- Expansion in scale at multiple levels
	- Sample size
	- Population studied: multi-ethic, admixed groups, isolated (founder and highly consanguineous populations)
	- Methods and study design used:
		- autosomal additive model \rightarrow recessive, dominant, over-dominant, multiplicative, parent-oforigin-specific & X-linked inheritance models
		- Gene-gene & gene-environment interactions
		- Study designs: case-control, case-only, intervention & hypothesis-driven
		- Genomic-region based or gene-based association test
		- Bayesian analyses, machine learning, etc.

 $\mathcal{L}^{\mathscr{L}}$ Heterogeneous traits

Prospect

• GWAS performed to date represent **the tip of the iceberg**.

Challenges of GWAS

- Methodological challenges
	- Population stratification: spurious or biased associations
	- Fine-mapping: complex structure of genes
	- Polygenicity
	- Multiple testing burden
	- Causality
	- Unsuccessful in detecting epitasis
- Ethical challenges

Benefits & limitations

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Software

• Open access tools for each stage of GWAS

Table 1 | Open access tools that can be applied at each stage of GWAS

Software

• Open access tools for each stage of GWAS

Software

• Open access tools for each stage of GWAS

Table 1 (cont.) | Open access tools that can be applied at each stage of GWAS

GWAMA, genome-wide association meta-analysis; GWAS, genome-wide association studies; PRS, polygenic risk score; QTL, quantitative trait locus; SNP, single-nucleotide polymorphism; TWAS, transcriptome-wide association studies.

Any Questions?